

Take control over your health through our

CHRONIC CARE PROGRAM

Personalized care, expert guidance, and continuous support for a healthier you!

99% of patient care happens outside the clinic

Diabetes

Obesity

High cholesterol

Hormonal Imbalances

High blood pressure

Our **Chronic Care program** is designed to provide a team of dedicated healthcare professionals brings together Doctors, Nurses, Dietitians, Fitness Coaches to work on a personalized plan for your wellbeing.

WHY TO ENROL

By joining, you commit to improving your quality of life, reducing health risks, and achieving sustainable results- all with the help of a dedicated team guiding you every step of the way.

WHAT TO EXPECT

The program includes regular consultations with doctors, customized nutrition plans, quarterly health reassessments, and continuous support. You'll receive step-by-step guidance to manage your chronic condition, track your progress, and adjust your plan as needed, ensuring you stay on course toward better health and lasting results.

EXPECTED RESULTS

Up to 30%
improvement in
disease management

A 25%
increase in
energy levels

A 40%
reduction in
health risks

A 100% chance
to improve
quality of life

**1 YEAR
LONG PROGRAM**

PROGRAM ROADMAP



- 1 Year
- 4 Doctor Consultations
- 4 Nutrition Consultations
- 4 sets of Blood tests
- 4 Medicine Home Delivery Services
- 24/7 Support from your Wellness Coaches